

Porquerolles to Îles de Lérins

East along the Var coast past Cap Bénat, Cap Camarat and the Gulf of Saint-Tropez and the red rocks of the Estérel, to a buoy off Sainte-Marguerite, the larger of the 2 Lérins islands, opposite Cannes.

DATE	Monday 31 May 2027
DISTANCE	53.2 nm, 6 legs
TIME	9 h 16 min
DEPART	08:30 CEST from Porquerolles. 2 hours 30 minutes after sunrise (06:00 CEST).
ARRIVE	About 17:46 CEST at Îles de Lérins. In the late afternoon, with about 3 hours 20 minutes of daylight in hand (sunset 21:05 CEST).
TIDES	Range about 0.2 m: no practical effect
WIND	Westerlies fair; easterlies on the nose. Afternoon sea breezes
BOAT	35 to 38 ft sailing yacht, 1.9 m draught, 6 kn under sail, 5.5 kn under engine
CREW	Skipper and 3 crew, 2 watches of 2



Track and waypoints 1 to 5, with ports of refuge as squares.

Go or no-go

Decide at 07:30 CEST. Go only if all of these hold:

- ☐ No easterly above force 5.
- ☐ Lérins buoy confirmed with the Port du Moure Rouge office, or a berth at Port Pierre Canto in Cannes.
- ☐ No warning for the Levant military range.

If the weather is wrong, stay at Porquerolles. Saint-Tropez and Saint-Raphaël are stops on the way.

Route and waypoints

Waypoints are planning positions in open water, checked against a 1:10m coastline to be at least 1.2 nm off land except at the harbour ends. Distances and courses are calculated from them. Plot every one on the current chart before use. Courses are true.

#	WAYPOINT	LATITUDE	LONGITUDE	COURSE	LEG NM	TOTAL NM	ETA	NOTES
0	Porquerolles harbour	43°00.2'N	006°12.0'E				08:30 CEST	Depart.
1	Off Cap Bénat	43°03.5'N	006°23.0'E	068°T	8.7	8.7	09:57 CEST	1.7 nm off, north of Po
2	South of Cap Camarat	43°11.0'N	006°43.0'E	063°T	16.4	25.1	12:41 CEST	2 nm off the light (FI(4))
3	Off Cap Dramont	43°23.0'N	006°53.0'E	031°T	14.0	39.2	15:02 CEST	1.7 nm off the Estérel
4	South of Saint-Honorat	43°29.3'N	007°03.0'E	049°T	9.6	48.8	16:38 CEST	South of the islands, between the islands (Q(6)+LFI 15s).
5	East of Sainte-Marguerite	43°31.0'N	007°05.5'E	047°T	2.5	51.3	17:08 CEST	Round Pointe du Bâté side. CHECK ON THE CHART
6	Lérins buoy field (Anse Sainte-Anne)	43°31.6'N	007°03.0'E	288°T	1.9	53.2	17:46 CEST	Booked buoy. Anchor surrounding zone. CHECK ON THE CHART

Tides and time

PORQUEROLLES · MON 31 MAY · CEST (UTC+2)

HW	05:37	0.4 m
LW	12:28	0.2 m
HW	18:24	0.3 m

From the La Capte station.

ÎLES DE LÉRINS · MON 31 MAY · CEST (UTC+2)

HW	05:31	0.3 m
LW	12:24	0.2 m
HW	18:33	0.3 m

From the La Figueirette station.

Monday 31 May 2027. **Tides.** The range here is 0.1 to 0.3 m: tides make no practical difference. Wind and air pressure move the sea level more than the tide does.

The Lérins use the La Figueirette station, near Théoule.

Tide times are predictions made for this plan from the TICON-4 harmonic constants (DGFI-TUM) with the Neaps tide predictor, because the official 2027 tables were not yet published when it was written. Tested against the official APDL table for Leixões on 23 July 2026, the predicted times were within 8 minutes and the heights 0.1 to 0.2 m lower. Heights are above lowest astronomical tide. Check every time against the official 2027 table before sailing.

Daylight. Sunrise at Porquerolles 06:00 CEST. Sunset at Îles de Lérins 21:05 CEST.

Weather

- **Settled in early summer.** Mostly light winds and sea breezes; a Mistral reaches here as a fresh westerly.
- **Easterlies** bring swell into the Gulf of Saint-Tropez and the Lérins anchorage.

FORECASTS TO CHECK

- Météo-France marine forecasts, meteofrance.com/meteo-marine: coastal zones Frontière espagnole to Port-Camargue, Port-Camargue to Saint-Raphaël, and Saint-Raphaël to Menton. Special bulletins (BMS côte) are issued for force 7 and above.
- CROSS La Garde on VHF: regular bulletins 3 times a day, announced first on VHF 16. Special bulletins on VHF 80 every hour at 3 minutes past. Transmitters: Néoulos and Port-Vendres VHF 64, Agde 79, La Gâtasse 80, Mont Coudon (Toulon) 63, Camarat 80, Pic de l'Ours (Cannes) 64. Check the time for each transmitter in the Météo-France Guide Marine.
- NAVTEX La Garde: sources disagree on the 518 kHz station letter and times. Check them against the Admiralty List of Radio Signals. [CHECK THE PILOT BOOK](#)
- Notices to mariners (AVURNAV) are published on PING, portail.ping-info-nautique.fr, and broadcast on VHF by the signal stations.

Hazards

- **Île du Levant.** Most of the island is a military range with restricted waters. The route passes north of Port-Cros and Levant, inside the Rade d'Hyères. Check the restricted zone on the chart and PING.

- **Lérins buoy field.** A mooring zone (ZMEL) at Anse Sainte-Anne, north of Sainte-Marguerite: 30 places for boats of 6 to 20 m, 1 May to 30 September, inside a 43 ha zone where anchoring is banned. At most 7 nights in a row and 21 a season. Check in with the Port du Moure Rouge office on VHF 9 or +33 4 93 94 37 71 (09:00 to 18:00); leave by 12:00 on the day of departure.
- **Saint-Tropez gulf.** Busy with yachts and ferries in summer.
- **Cannes.** Port du Moure Rouge is not suitable (1.4 m maximum draught).
- **Anchoring in France.** The Mediterranean maritime prefecture's general anchoring rules apply along this coast (arrêté 123/2019), with stricter rules on seagrass (posidonia) meadows mainly aimed at yachts of 20 to 45 m and over, and a limit on how long a boat may stay at anchor (arrêté 77/2025). The limit itself was not checked for this plan. [CHECK ON THE CHART](#)

Ports of refuge

PORT	FROM THE ROUTE	USE IT WHEN	NOTES
Porquerolles	Start	Within the first hour	Harbour.
Saint-Tropez	4 nm from waypoint 2	Weather turns	Marina, usually full in summer. CHECK THE PILOT BOOK
Cannes, Port Pierre Canto	2 nm north of the Lérins	No buoy, or easterly swell	VHF 9, 24 h, +33 4 92 18 84 84, draught 2 to 7 m.
Cannes, Vieux Port	2 nm north of the Lérins	Alternative	IGY, +33 4 92 98 70 21, maximum draught 5 m.

Pilotage

LEAVING PORQUEROLLES

1. Leave the harbour and head east, north of Port-Cros and Levant, through the Rade d'Hyères.

INTO THE LÉRINS

1. Pass south of Saint-Honorat, then round Pointe du Batéguier to the north side of Sainte-Marguerite.
2. Call the Port du Moure Rouge office on VHF 9 and pick up the buoy you are given. Do not anchor.

LIGHTS ON THE WAY

Porquerolles (Cap d'Arme)	Fl(2) 10s, 80 m
Titan (Levant)	Fl 5s, 70 m

Camarat	Fl(4) 15s, 130 m
La Moutte (Cap de Saint-Tropez)	Q(3) WR 10s, 11 m
Agay	Oc WR 4s, 28 m
Saint-Honorat, Les Moines	Q(6)+LFl 15s, 12 m
Cannes Vieux Port west mole	VQ(3) R 2s, 22 m
La Garoupe	Fl(2) 10s, 104 m, 31 M

Communications

Lérins buoy field (Port du Moure Rouge office)	VHF 9 · +33 4 93 94 37 71, 09:00 to 18:00
Port Pierre Canto, Cannes	VHF 9 · +33 4 92 18 84 84 · 24 h
CROSS weather, Camarat	VHF 80
CROSS weather, Pic de l'Ours	VHF 64
Emergency at sea (CROSS)	VHF 16, DSC 70 · telephone 196, free, 24 h
Emergency on land	112

Contingencies

- **Easterly swell at the Lérins.** Go into Port Pierre Canto.
- **Running late.** If Cap Camarat is passed after 16:00 CEST, stop at Saint-Raphaël or Saint-Tropez.
- **Person overboard.** Shout, point, throw the danger buoy, press MOB, DSC distress alert, Mayday on 16.

Before leaving

- ☐ Forecasts read and logged before the go or no-go time
 - ☐ French notices to mariners (PING) checked for the route
 - ☐ Waypoints entered and checked against the chart
 - ☐ Ship's log started in UTC
 - ☐ Crew briefing: route, watches, safety gear, MOB, fog
 - ☐ Lérins buoy confirmed
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- ☐ Fuel for 10 hours under engine, plus a reserve
 - ☐ Water, food and hot drinks for 10 hours

- ☐ Lifejackets with crotch straps, jackstays rigged, harnesses
- ☐ Liferaft, grab bag, flares in date, handheld VHF
- ☐ Radar, AIS and navigation lights tested
- ☐ Passports, boat papers and insurance aboard

Sources

- Lérins mooring zone: cannes.com (zone de mouillage et d'équipements légers); inter-prefectoral arrêté 238/2025.
- Cannes ports: cannes.com (Port Canto, Moure Rouge); igymarinas.com (Vieux Port).
- Météo-France Guide Marine 2026 (CROSS VHF channels, 196, NAVTEX); meteofrance.com/meteo-marine (coastal zones).
- Préfecture maritime de la Méditerranée, premar-mediterranee.gouv.fr (arrêtés, AVURNAV).
- Lights: The Lighthouse Directory, France (ibiblio.org/lighthouse/froc.htm, frbr.htm, frvar.htm, fralp.htm).
- Tides: predictions from TICON-4 harmonic constants (Hart-Davis, Dettmering and Seitz, DGFI-TUM, 2025, doi 10.17882/109129) with Neaps (openwaters.io). Check against the Instituto Hidrográfico 2027 tables.
- Sunrise and sunset: calculated (NOAA method).
- Lights: The Lighthouse Directory (Rowlett), ibiblio.org/lighthouse, Portugal pages revised August 2024. Cross-check with the IH List of Lights, volume I.
- Pilot: RCC Pilotage Foundation, Atlantic Spain and Portugal, 9th edition (2025).

A planning exercise to RYA Yachtmaster standard. Not for navigation: use current official charts, the pilot book and the forecasts on the day.